

## FASD Respite Program

### 2019-2020 Calendar

|                    |  |
|--------------------|--|
| August 17, 2019    | Staff Training   |
| August 24, 2019    | Staff Training   |
| September 7, 2019  | First Day of Respite Program   |
| September 21, 2019 | Family Support Group (Introduction to Supports)  |
| October 12, 2019   | <b>NO RESPITE PROGRAM</b>  |
| October 19, 2019   | Family Support Group (Indigenous & Mental Health Supports)                                 |
| November 9, 2019   | <b>NO RESPITE PROGRAM</b>  |
| November 16, 2019  | Family Support Group (MANDT Training for Families)   |
| December 14, 2019  | Family Support Group (Care for the Caregiver) & Last Day of Respite Program (Winter Break) |
| January 4, 2020    | Staff Training   |
| January 11, 2020   | First Day of Respite For 2020  |
| January 25, 2020   | Family Support Group (Parent Link Supports)  |
| February 15, 2020  | <b>NO RESPITE PROGRAM</b>  |
| February 22, 2020  | Family Support Group (Plan a successful Spring & Summer)                                   |
| March 16, 2020     | Respite Family Support Group (Coffee & Conversation)                                       |
| March 21, 2020     | Family Support Group (Resources in the Community)  |
| March 28, 2020     | <b>NO RESPITE PROGRAM</b>  |
| April 11, 2020     | <b>NO RESPITE PROGRAM</b>  |

|                |   |
|----------------|---|
| April 25, 2020 | Family Support Group (FASD Conversation)      |
| May 16, 2019   | <b>NO RESPITE PROGRAM</b>                     |
| May 30, 2020   | Respite Program Workshop (Self Care Workshop) |
| June 6, 2020   | Family Appreciation Breakfast                 |
| June 13, 2020  | Last Day of Respite Program                   |