



"The best way to make children good, is to make them happy".

- Oscar Wilde

BOARD NEWS AND INFORMATION

The following individuals comprise Elves' 2022/2023 elected volunteer Board of Directors:

Heather Fonteyne, President (AP Parent)

Mildred Ncube, Vice-President (ECS Parent)

Peter Jansen, Treasurer (CM)

Raewyn Edwards, Secretary (SP Parent)

Karen Ens, Director (CM)

Joyce Oliver, Director (AP Parent)

Khurram Shahzad, Director (CM)

Natalie Viezel, Director (ECS Parent)

Kristin Ward Diaz, Director (ECS Parent)

Terry Wright, Director (AP Parent)

Stephanie Atkin, Past-President (CM)

Barb Tymchak Olafson, Executive Director

(SP - School Program)

(AP – Adult Program)

(ECS - Early Childhood Services)

(CM - Community Member)

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ACTIVE ELVES' BOARD COMMITTEES

Advocacy Committee

Vivienne Bartee, Heather Fonteyne, Barb Tymchak Olafson

Bylaw/Policy Committee

Mildred Ncube, Terry Wright Barb Tymchak Olafson

Location/Planning Committee

Gene Hochachka, Chris Idenouye, Barb Tymchak Olafson

Fundraising Committee

Vivienne Bartee, Heather Fonteyne, Raewyn Edwards, Kristin Ward Diaz, Marty Cender, Gail Idenouye, Anne-Marie Jackson, Mildred Ncube, Jasmine Abu-Msameh, Teresa Vano, Barb Tymchak Olafson

Parent Advisory Council

Cathy Furtak (Adult Program Parent)
Poonum Gillani (Early Childhood Parent)
Lynn Gourley (Adult Program Parent)
Bill Gunter (Adult Program Parent)
Roxanna Hilcton (Adult Program Parent)
Maggie Werner (Early Childhood Parent/Caregiver)
Mildred Ncube (Early Childhood Parent)
Barb Tymchak Olafson

BOARD MEETINGS

Elves' Society holds ten regular Board Meetings each year, as well as our Annual General Meeting each November. Special meetings are held when matters arise requiring immediate attention.

Last Regular Board Meeting: March 21, 2023

Next Regular Board Meeting: April 25, 2023

Please visit Elves' website at <u>www.elves-society.org</u> to see copies of these reports/legislation:

- Society Audited Financial Statement for the year ending August 31, 2022
- Elves' School Program 2022 Assurance Framework





EXECUTIVE DIRECTOR'S MESSAGE

From Possibility to Ability

Hello Elves' families and friends

The school year is progressing so quickly. We hope everyone is looking forward to the warm months of Spring and the end of snowy, colder days.

Elves has had a number of events that have transpired as described below:

ACCREDITATION REVIEW

Elves' Adult and FASD Respite Programs underwent Alberta Council of Disability Services Accreditation Review held from February 07 to 10, 2023. Elves thanks our program participants and guardians of Peter, Alan, Michelle, Chloe, Alex, and Iris for taking the time to meet with reviewers. We are also grateful to staff including Nice, Carmen, Ana, Jamie, and Ravella for agreeing to be interviewed. And finally, to Elves' Board of Directors President, Heather Fonteyne and Treasurer, Peter Jansen. Results from the review will be shared on Elves' website once they have been received.

ELVES' 50/50 EVENTS

Elves held a Valentine's Day 50/50 event in mid-February. Congratulations to winner Robert Hayes.

A second 50/50 event was held in mid-March for St. Patrick's Day. Congratulations to winner Stephanie Benson.

FUNDRAISING COMMITTEE

CASINO - February 06 and 07, 2023

The AGLC (Alberta Gaming Liquor and Cannabis) Casino, which Elves is able to participate in once every two years, is one of Elves' biggest fundraising initiatives.

Elves extends our deepest thanks to all of Elves' families, Society members, and friends who volunteered their time for our 2023 Casino. Over 20 individuals volunteered their time with one and two-day daytime and nighttime shifts.

Golf Tournament

Elves' 2023 Golf Tournament fundraiser will be held this year on Thursday, June 01st. We welcome you to join us for an amazing day on the greens. Non-golfers are welcome to volunteer, or join for supper and events.

The venue for this annual event has changed from Jägare Ridge Golf Course to **The Ranch Golf and Country Club** https://www.theranchgolf.com/ located in Acheson, AB.

Golfer fees are set at \$155 for Early Bird until April 16, 2023 and \$175 for regular registration. Funds raised during this event will support facility maintenance, specifically interior and exterior wall upgrades.

To REGISTER or DONATE:

CanadaHelps, Elves' Golf Tournament 2023

If there is any contribution you are able to make in the way of participation in our tournament, or in-kind auction item donations, Elves would be most grateful. Please feel free to contact us at 780.454.5310 with any questions.

PROGRAM PARTICIPANTS

Our participant numbers in our three regular programs have remained quite steady throughout the year:

ELVES' SCHOOL PROGRAM	ELVES' ADULT PROGRAM	ELVES' FASD RESPITE PROGRAM
305 program participants are	There are currently 88 adult	31 children attend Elves'
presently enrolled in Elves' School	clients attending Elves' Adult Day	Saturday FASD Respite
Program.	Program.	Program.
There are 251 Early		
Childhood children 54		
school-age students.		





BOARD OF DIRECTORS

Elves' Board of Directors and community, extend our heartfelt gratitude to Connie Copley, who unfortunately resigned prior to the end of her term.

We wish Connie all the best with her future endeavours.

Barb Tymchak Olafson, Executive Director

PRINCIPAL

IMPORTANT UPCOMING SCHOOL DATES FOR 2023

Spring Recess:	March 27 to 31, 2023
Students Return:	April 03, 2023
Good Friday:	April 07, 2023
Easter Monday: ECS Closure Day:	April 07, 2023 April 10, 2023 April 21, 2023
ECS Closure Day:	May 05, 2023
Teachers' Day in Lieu: (all)	May 19, 2023
Victoria Day:	May 22, 2023
ECS Closure Day:	June 02, 2023
Kinder Graduation (ECDC) Kinder Graduation (EAYC) ECS Closure Day:	June 15, 2023 June 16, 2023 June 16, 2023

Nicole Quildon Principal

ELVES' FAMILY SUPPORT WORKERS

APRIL IS WORLD AUTISM MONTH AND APRIL 02 IS WORLD AUTISM AWARENESS DAY. Autism Speaks Canada invites friends and neighbours around the globe to illuminate their buildings with blue and help increase awareness, understanding, and acceptance of people with Autism Spectrum Disorder (ASD).

Your Family Support Workers are happy to welcome Steffi Saltys to our team. She will be working with Rooms 1, 3, 5 and 7 at Elves Child Development Centre, and Pre-K 4 and Youth Room 6 at Elves Adult & Youth Centre.



This month we are highlighting Children's Autism Services

Children's Autism has the following FREE upcoming workshops available:

Exploring Toileting for Children with ASD

Tuesday, March 21, 2023 | 6:30 pm - 8:00 pm

Toilet training can be challenging for many families, and there are additional factors to consider for children with ASD. This workshop aims to explore toilet training by discussing common challenges that parents might encounter and provide support strategies for this complex routine. Visit www.childrensautism.ca for more information and to register now.

The Building Blocks of Regulation

Thursday, April 06, 2023 | 6:30 pm - 8:00 pm
Why does everyone keep talking about "emotional regulation"? What does this mean? This workshop explores the basics of emotional regulation and provides families and professionals with some ideas to try to help their child stay calm and happy throughout their day.
Visit www.childrensautism.ca for more information and to register now.

Understanding Your Child's Sensory Needs

Tuesday, April 18, 2023 | 6:30 pm - 8:00 pm
A variety of sensory processing challenges can often be present in children with ASD. Children can be over/underresponsive to various stimuli which impact their overall regulation and ability to manage. Some children are negatively impacted by loud sounds or bright lights while other children are naturally drawn to them. This workshop will provide an overview of sensory needs, explore what they look like, how they impact our children, and how we can positively respond to their ongoing sensory needs. And remember, visit www.childrensautism.ca for more information and to register now.





March Break Supports

Kids can become overwhelmed with the stress of Spring Break. They can be feeling their parents' stress and they are away from their routines and predictable schedules. The best advice we can give is to **play outside!** Fresh air and sunshine is the best medicine. If things get a bit messy due to snow melting, here are some playgrounds with <u>rubber grounds</u> so you are not dealing with mud and puddles in the sand:

DRESS
37 - 87 Street
03 - 95 Street
25 - 116 Avenue
15 - 134 Avenue
30 - 153 Avenue
0 - 118 Avenue
03 - 86 Street
15 - 110 Street
5 109A Avenue
8 - 105A Avenue
25 - 96 Avenue
1 - 165 Street
Millbourne Rd E
4 Rutherford Rd

<u>Do you have trouble getting your child to leave somewhere when they don't want to go?</u>



Talk about a fun activity that you will do once you leave (we will go home and play with water; we will go for a sundae; we will go home for tech time). Then before you leave, tell them 'first' play at the park, 'then' tech time. Show them a 'first/then' strip with the picture of park and iPad/Tablet, one of <u>First</u>, the other of <u>Then</u> (ask our team for a 'first/then' strip).



Use a timer to count down how much longer they are able to stay or that you require them to stay and play, before moving to the next activity. Some like a five-minute warning, then a last-minute warning (last

minute to do your last fun thing) and then we leave the park. Others respond better to watching time lapse. We use visual timers at Elves that look like this. These can be purchased on Amazon or at Education Station. There is also an App for your phone.

Knowing when things will get back to normal



Using a large calendar (2 feet x 3 feet), cross off the days as they pass so your children can see where they are today and what the coming days look like. Use stickers or pictures of activities that happen on a daily

basis. Some examples are: swimming lessons, taekwondo, Scouts, school days, hot lunch days, dress-up days, and more. Cross off the days together at bedtime so your children know the day is all done and they can see what they will be doing when they wake up.

For ideas about behaviours, resources, community programs, services, and help, please call your Family Support Worker anytime at:

Support Worker arrytime at.	
Stephanie Kriese, BA, BSW, RSW	Stephanie is an Elves'
Family Support Department	Family Support Worker
10825 - 142 Street NW	working Tuesday to
Edmonton, AB T5N 3Y7	Saturday throughout
Phone: 780.454.5310, ext 236	the school year at Elves
Cell Phone: 780.920.8791	Child Development
Email: elvessw@elves-society.com	Centre.
Stefanie Saltys, BSW, RSW	Stefanie is an Elves'
Family Support Department	Family Support Worker
10825 – 142 Street NW	who works Tuesday to
Edmonton AB T5N 3Y7	Friday with Elves'
Phone: 780.454.5310, ext 230	School Program and
Cell Phone: 780.974.2581	Saturdays at Elves'
Email: elvessw@elves-societv.com	FASD Respite Program.





Angela Vardy, BSW, RSW Family Support Department 10419 – 159 Street EDMONTON AB T5N 3Y7 Phone: 780.481.5335 ext 212

Cell Phone: 780.920.2169 Email: <u>sw4@elves-society.com</u> Angela is an Elves'
Family Support Worker
who works Monday,
Wednesday and Friday
throughout the school
year at Elves Adult &
Youth Centre.



If you move, change your phone number, wish to ask about registration, or to speak to someone for supports and referrals, please call

780.454.5310, ext. 236, text 780.920.8791, or email Stephanie at elvessw@elves-society.com

Angela, Stephanie, and Stefanie
Family Support Workers

<u>ELVES' SPEECH DEPARTMENT</u>



Everyone loves music, but did you know that it's also a great tool to support language and communication skills? Music makes language

fun and exciting and it's a wonderful way to connect with your child. It's also **free**, doesn't require any toys, and you **can sing pretty much anywhere!** A good place to look for songs if you want some ideas is YouTube > Super Simple Songs. Choose a few and see which ones your child likes the most.

For Early Communicators:

Once your child is familiar with some songs you have



chosen, they know what to expect and you can use this as an opportunity to help develop and work on turn taking, requesting, and refusals. Some good songs to try are "If You're Happy and You Know It", "Ring Around the Rosy", and "Row, Row, Row Your Boat".

- Start the music routine the same way each time so your child knows what to expect.
- Plan your child's turn. Their turn could be making a sound, movement, gesture, or finishing a line in the song.
- Is your child having fun? When the song ends, encourage them to request 'more'. You can use the sign for 'more', point to the 'more' symbol on their core board, or encourage them to say 'more'.
- Think your child wants to stop or choose a different song? Help them to show refusal by saying or signing 'stop', or by pointing to the 'stop' or 'different' symbol on their core board. Then, pick a new song and keep on singing!

To Build Language:

Music and rhymes are a great way to highlight language and build on your child's vocabulary. You can choose songs with animals or parts of the body or any vocabulary that you would like your child to learn. Some good examples are "Old Macdonald", "Head, Shoulders, Knees and Toes", and "The Itsy Bitsy Spider".

- **Stress** important words that you want your child to learn by saying them louder and slower.
- Go slow make sure the pace of the song is slowed down to make it easier for your child to participate and understand everything.
- Act it out many songs have actions, so make sure to add those actions in! This can help your child to better understand what the words mean.





ELVES' THERAPY TEAM

Ten outside activities for Springtime to do with your children:

1. Sidewalk Chalk



Little and big kids love to draw and colour with sidewalk chalk. A favourite thing to do is lay down and outline their entire body, and then colour it in. Try to get them to make silly poses

and draw in silly faces.

2. Neighbourhood Cleanup



This idea gets bonus points for community service! Take a garbage bag and go around your neighbourhood picking up trash — make sure the kids don't touch any glass or sharp objects. You may be

surprised at how much you end up with – and your neighbourhood will look nicer too!

3. Blow Bubbles



It is always fun to blow bubbles outside

– they float away on the breeze (plus
there is no cleanup afterwards on
slippery floors!)

4. Plant and Grow Your Own Flowers



Buy some seeds from the store and then fill your old cardboard egg cartons with dirt to plant the seeds in. Water them daily and in a week or two, your child will be amazed at

the little green plant starting to grow. When they are bigger (and the cold is gone) you can plant the seedlings outside.

5. Make a Bird Feeder



It doesn't have to be fancy! Simply spread peanut butter on a pine cone, roll it in bird seeds and hang it in your yard/balcony.

6. Feed the Ducks



Find a pond where there are ducks and take your stale bread to feed to the ducks.

7. Climb a Tree



Kids love to climb; just remind them to be careful and not to go too high.

8. Find Shapes in the Clouds



Spend time watching the sky and use your imaginations by finding different shapes in the clouds.

9. Make a Splash



Put rain boots on and go for a walk around your neighbourhood. Look for puddles and jump over and in the puddles.

10. Take an Evening Stroll



Bring your flashlights and take a walk at dusk or after dark with your family. Listen for the different sounds of night creatures and see if you can identify them.

ELVES' FASD RESPITE PROGRAM

Children at Elves' Respite Program have enjoyed a wide range of activities such as Smart Board, gym, board games, creating arts and crafts, and outdoor activities when the weather permits. We recently welcomed visitors such as Edmonton Public Library and Kompany Family Theatre.

Important Dates:

March 25, 2023	NO RESPITE PROGRAM
April 01, 2023	NO RESPITE PROGRAM
April 08, 2023	NO RESPITE PROGRAM





Respite Program 2023/2024

If you are interested in joining Elves' FASD Respite Program for the 2023/2024 year, please contact Raelee via email (respite@elves-society.com) or Stephanie via email (elvessw@elves-society.com) or call 780.454.5310.

There are a limited number of spots available. Priority is established by individual family needs. We will be conducting family meetings between March and May 2023. Families will be contacted in July/August 2023.

PROGRAMMING HOURS

It is the responsibility of parents and caregivers to ensure that your child is picked up no later than 3:00 pm on Saturdays. If you are going to be late, call the FASD Program Coordinator as soon as possible at 780.454.5310 or alternatively at 780.920.5342. In the event that all attempts have been made to contact parents/caregivers and emergency contacts are exhausted, Children's Services may be contacted to provide alternate care.

If your child is going to be away from the FASD Respite Program, please call/text 780.920.5342 or email respite@elves-society.com to let us know! Thank you!

NURSING DEPARTMENT

ELVES' NURSING STAFF

Elves Child Development Centre
Diane McCook (LPN)

Elves Adult & Youth Centre

Rhea Arguelles (LPN – Youth Program) Leila Dela Cruz (LPN – Youth Program) Marilyn Vendiola (RN – Adult Program) Tina Marsh-Woodcock (LPN – Adult Program)

With Spring almost here, so comes a mixture of warm and cold weather, melting snow, and puddles of water. As there are limited amounts of extra clothing available at Elves, families are being asked to send in a full change of clothing, socks, and if possible, rain boots and rain pants to assist in our efforts to keep everyone dry.

Many of our participants are unable to express to us when their environment is too warm or too cold. Dressing in layered clothing is beneficial for cold mornings and warmer afternoons. Waterproof jackets, rain boots, hat, mittens, and rain pants are good for cool weather and when playing in slushy snow or puddles.

It is important to change wet clothing when children come in from playing outside. Ice may form beneath the surface of puddles, on sidewalks, or in play areas. This can contribute to unexpected falls. Caregivers should also be conscious of deep puddles, sticky mud, and be on the lookout for hazards. With the melting snow, playground areas may be more icy or slippery than usual, and the melting snow may also reveal garbage or debris left over from the winter.

With warmer Spring weather also come colds and allergies:

HEAL

ahs.ca/HEAL

For information for parents about influenza, fever, coughs, etc. HEAL (Health Education and Learning) Program, a resource aimed at providing families across Alberta easily accessible, reliable information about common minor illnesses and injuries in children. The content provided in the HEAL Program comes directly from the Pediatric Emergency Medicine experts at the Alberta Children's Hospital and Stollery Children's Hospital.

Here you will find general information about the causes, symptoms, and home management options for common minor illnesses and injuries, and when to seek medical care.

Health Link 811- Alberta Health Services

A telephone service, which provides free 24/7 nursing advice and general health information for Albertans. Health Link provides a number of clinical services.





MyHealth.Alberta.ca is home to valuable, easy-tounderstand health information and tools made for Albertans, including information about:

- health conditions
- healthy living
- medications
- tests and treatments

There are also:

- educational videos
- symptom checkers
- emergency phone numbers
- a health care locator (e.g., a family doctor near you)

MyHealth.Alberta.ca is always growing. Find out what's new on the website. Have questions? The frequently asked questions page can help. MyHealth.Alberta.ca can't answer questions about symptoms by email. For health advice and information, call Health Link Alberta at 408-LINK, 24/7.

ADULT PROGRAM NEWS

Even though it might not look like it, Spring is just around the corner and we are ready for it!

Elves' Adult Program is already planning gardening activities and will visit the Seed Library, a pilot project run by Edmonton Public Library. Our participants are eager to start growing vegetables that will eventually be donated to the Food Bank. We are also quite excited about receiving a biannual visit from the local firefighter cadets this month! It is a great experience for everyone involved and it is also a precious opportunity to raise awareness for how our community can be better supported in case of emergency.

As the weather becomes more pleasant, we hope to increase our community outings, including walks in the neighborhood. We are also looking forward to increasing the use of our yellow bus for adventures in the city! This is a great option to connect with the local community for those clients who cannot ride on DATS or do not have an escort able to be with them on DATS vehicles.

Our program has recently welcomed two new participants, Michael and Brandon. It is a joy to have them as part of our Adult Program and we are looking forward to getting to know them more.

Laura Bellacicco, Adult Program Manager





FAMILY EDUCATION SESSIONS

Upcoming Important Dates

Family-Oriented Programming Sessions (FOPS)

Elves hosts Family-Oriented Programs (Early Childhood Services) and Abilities Events (all program participants). Families of Grades 1-12 students, FASD Respite Program children, and Adult Program participants, are welcome to join FOPS, understanding that conversations must prioritize early childhood learners.

DATE	TOPIC	TIME
April 28, 2023	Virtual Parent Coffee and Connect: Setting up a Successful Summer	10:00 am to 1:00 pm
	Video call link: https://meet.google.com/ucc-edev-zyk	
	Or dial: (CA) +1 778-724-6856 PIN: 581 579 843#	
	More phone numbers: https://tel.meet/ucc-edev-zyk?pin=2922423423430	

Elves also supports families to prepare for Transition Planning including Registered Disability Savings Plans (RDSP),capacity assessments, Family Supports for Children with Disabilities (FSCD) and Persons with Developmental Disabilities (PDD), Emergency Planning, Guardian, Trustee, Wills and Estate Planning.

Abilities Events Calendars are posted to Elves' Facebook on a monthly basis. For your information, please see Parent Advisory Council (PAC) Ability Events details below.

TOPIC	MARCH 2023		MARCH 2023 REGISTRATION DETAILS	
	DATE	TIME	Link or Event Description	
Advance RDSP Workshop RDSP Plan Institute	March 23, 2023	8:00 – 9:45 pm MST	For event details and to register for this Online Event: • Session is offered in BC so there will be a one-hour time difference when you register for the event http://events.r20.constantcontact.com/register/event?oeidk=a07ejjns 8n8d78b35ee&llr=vixzxh7ab	
TOPIC	APRIL 2023		REGISTRATION DETAILS	
	DATE	TIME	Link or Event Description	
Whine and Cheese - Online Social Event If COVID-19 measures are removed, Elves will host an in-person event	April 05, 2023	6:00 – 7:00 pm	Google Meet joining info Video call link: https://meet.google.com/cor-gptm-rdv Or dial: (CA) +1 778-732-9391 PIN: 854 470 830# More phone numbers: https://tel.meet/cor-gptm-rdv?pin=3005367935408 Friendly reminder: Please plan to join at the start time. Participants may not be admitted 15 minutes after the event has started or events may be cancelled after 15 minutes if there are no participants.	
Beginner RDSP Workshop RDSP Plan Institute	April 13, 2023	8:00 – 9:30 pm MST	For event details and to register for this Online Event: • Session is offered in BC (PST). There is a one-hour time difference in Alberta for MST https://events.r20.constantcontact.com/register/eventReg?oeidk=a07 ejjns8ii8739c80d&oseq=&c=&ch=	





FSCD and PDD	April 14,	12:00 -	Google Meet joining info
Introduction	2023	1:00 pm	Video call link: https://meet.google.com/drx-sqks-gon
(To be Confirmed)	2025	1.00 pm	Or dial: (CA) +1 647-732-5145 PIN: 418 961 298#
Abuse Prevention and	April 15,	9:00 -	For event details and to register for this In-person
Response Protocol	2023	12:00 pm	Event:
(Family Managed Supports)	2025	12.00 pm	https://www.eventbrite.ca/e/abuse-prevention-and-response-
Gateway Association			protocol-fms-admin-tickets-399286465567
<u> </u>			In person event: Gateway Association 10941 120 St NW
			Edmonton, AB T5H 3R3
Advance RDSP Workshop	April 20,	11:00 am –	For event details and to register
RDSP Plan Institute	2023	12:45 pm	for this Online Event:
		MST	• Session is offered in BC. There is a one-hour time
			difference when you register for the event
			http://events.r20.constantcontact.com/register/event?oeidk=a07
			ejjns8h1f8f9fda7&llr=vixzxh7ab
Introduction to PDD	April 22,	1:00 - 4:00	For event details and to register for this Online Event:
Gateway Association	2022	pm	https://www.eventbrite.ca/e/persons-with-developmental-
			disabilities-pdd-101-tickets-400946139697
FSCD and PDD Services	April 14,		Google Meet joining info
and Supports	2023		Video call link: https://meet.google.com/cor-gptm-rdv
FSCD/PDD Transition Team	12:00 -		Or dial: (CA) +1 778-732-9391 PIN: 854 470 830#
	12:45		More phone numbers: https://tel.meet/cor-gptm-
			<u>rdv?pin=3005367935408</u>
TOPIC	MAY 20	023	REGISTRATION DETAILS
	DATE	TIME	Link or Event Description
Emergency Planning and	May 03,	6:00 - 7:00	Google Meet joining info
Preparedness	2023	pm	Video call link: https://meet.google.com/cor-gptm-rdv
Elves			Or dial: (CA) +1 778-732-9391 PIN: 854 470 830#
			More phone numbers: https://tel.meet/cor-gptm-
			<u>rdv?pin=3005367935408</u>
			<i>Friendly reminder:</i> Please plan to join at the start time.
			Participants may not be admitted 15 minutes after the
			event has started or events may be cancelled after 15
			minutes if there are no participants.
Beginner RDSP Workshop	May 18,	8:00 - 9:30	For event details and to register for this <u>Online Event</u> :
RDSP Plan Institute	2023	pm MST	• Session is offered in BC (PST). There is a one-hour
			time difference in Alberta for MST
			https://events.r20.constantcontact.com/register/eventReg?oeidk
			=a07ejjns8g802212d8e&oseq=&c=&ch=





PROGRAM DIRECTORY

ELVES CHILD DEVELOPMENT CENTRE (10825 - 142 Street)	
Nicole Quildon, Principal (M-F)	
Kayla Wolford, Special Education Supports & Learning Coach (M-F)	
Ashley Lumme-Levesque, PUF Coordinator (in charge of transportation) (M-F)	
Stephanie Kriese, Family Support Worker (Tu-S)	ext. 230
Stefanie Saltys, Family Support Worker (M-F)	ext 236
Lonneke de Groot, Speech Language Pathologist (M-F)	ext. 228
Yfrelle Quitania, Speech Language Pathologist (M-F)	ext. 228
Saly Habashy, Occupational Therapist (M-F)	ext. 210
Wilna Boshoff, Physical Therapist (Thur)	ext. 210
Holly Thompson, Physical Therapist (Tues)	ext. 210
Tara Vanstone, OT/PT Assistant (M-F)	ext. 224
Rachel Grenis, SLP Assistant (Tu/Th)	ext. 210
Nicole Latus, SLP Assistant (M-F)	ext. 210
Tasha Arbuckle, SLP Assistant (M-F)	ext. 210
ELVES FASD RESPITE PROGRAM (10825 - 142 Street)	780.454.5310, ext. 233
Raelee Grier, FASD Respite Program & FOP Coordinator (Tues-Sat)	
ELVES ADULT & YOUTH CENTRE (10421 - 159 Street)	780.481.5335
Laura Bellacicco, Adult Program Manager (M-F)	ext. 201
Shauna Williamson, Adult Program Staff Training/Volunteer Coordinator (M-F)	ext. 239
Connie Daynes, Adult Program Activities Coordinator/Behavioural Consultant	ext. 202
Angela Vardy, Family Support Worker for School Program (M/W/F)	ext. 212
Sarah Peterson, Occupational Therapist, School Program (Tu/W/Th)	ext. 219
Occupational Therapy Department, Adult Program (M-W)	ext 219
Wilna Boshoff, Physical Therapist for School Program (Tu/W/Th)	ext. 211
Holly Thompson, Physical Therapist for School Program (Tu/W/Th)	ext. 211
Vacancy, Physical Therapist for School Program (Tu/W/Th)	ext. 211
Leslie Quapp, OT/PT Assistant for School Program (M-F)	ext. 211
Stefanie Gallace, OT/PT Assistant for School Program (M-F)	ext. 219
Tara McPhedran, Speech Language Pathologist for School Program (M-F)	ext. 209
Maryssa McGrath, SLP Assistant for School Program (Mon-Thur)	ext. 209
Elves Nursing Staff:	
Diane McCook, LPN for ECS Program @ ECDC	780. 454.5310, ext. 206
Marilyn Vendiola, RN, Adult Program.	780.481.5335, ext. 208
Rhea Arguelles, School Program LPN @ EAYC	780.481.5335, ext. 220
Tina Marsh-Woodcock, Adult Program LPN	780.481.5335, ext. 208
Leila Dela Cruz, Youth Program LPN @ EAYC	780.481.5335, ext 220